

WE ARE A NUT, CHICKPEA AND SESAME FREE SCHOOL

Dear Parents and Carers,

It has been lovely to welcome the children back to school.

Many thanks for your kind donations for the Bring A Bottle non uniform day. If any of you are able to volunteer at the Christmas Fayre and Carols, please contact either Miss Graves or call in at the office.

Thank you to all the parents who attended the Y6 SATS meeting led by Mrs Brewer and the Multiplication Check meeting led by Mr Bedford. If you were unable to attend but wanted the information that was shared, please contact the relevant staff using the class support emails.

Have a great weekend,

Mrs Mardling and team

Little Butterflies update

The afternoon provision will continue in September. If numbers pick up, this will carry on in the new year.

However, if numbers remain low, Little Butterflies will run a pickup service instead. Please could you contact Little Butterflies if you would like to secure a place for your child.

Contact details are:

01271 321277

littlebutterfliesdaynursery@gmail.com

New dates for your diary

Mon 10th Nov: Clubs start again

Tues 11th Nov: Yrs 5&6 ARC event

Wed 12th Nov: Class 5 trip to Museum of Barnstaple

Thurs 13th Nov: Class 1 cinema trip

Thurs 20th Nov: Children in Need

Fri 28th Nov: CI 2&3 cinema trip

Fri 28th Nov: Christingle Service 2:30pm at St John's the Baptist Church

Thurs 4th Dec: School choir at Affinity Devon

Wed 10th Dec: CI 2&3 afternoon performance

Thurs 11th Dec: CI 2&3 afternoon performance

Fri 12th Dec: Christmas Fayre and Carols

Wed 17th Dec: Early Years Nativity

Thurs 18th Dec: Santa Run

Thurs 18th Dec: Christmas Lunch

Please look on the website calendar to keep up with the dates for the whole academic year.

Attendance

Well done to this week's winners

Class 1 with a score of 99%.

Class 4: 97.5%

Class 3 and class 5: 97.2%

Class 2: 94.4%

LUNCH MENU

Week 3 menu

| Week | Monday | Tuesday | Wednesday | Thursday | Friday |
|---------------|---------------------------------------|---------------------------------|--------------------------------------|-------------------------------------------------|---------------------------------------|
| Option 1 | Spaghetti bolognaise(DF) | Pizza (DF) | Roasted sausages (DF) | Tomato pasta (DF) | Chicken nuggets(DF) |
| Vegetarian | Veggie bolognaise (DF) | | Homity pie | | Veggie nuggets (DF) |
| Sides | Crusty bread | Potato cubes | Potatoes, gravy carrots, green beans | Garlic bread | Chips or pasta and peas |
| Jacket Potato | Beans(DF) | Cheese | Beans (DF) | Beans and cheese | Tuna mayo |
| Pudding | Fruit flapjack (DF), fruit or yoghurt | Ice cream(DF), fruit or yoghurt | Fruit salad or yoghurt | Jam sponge (DF), pink custard, fruit or yoghurt | Chocolate cracknell, fruit or yoghurt |

DF - Dairy Free

Dairy free yoghurts available every day

Parent Governor Role

We are looking for a new parent governor to join our governing body.

If this is something you might be interested in, please pop into the school office to collect a nomination pack.

Anti-Bullying Week

Anti-Bullying Week 2025 will take place next week from Monday 10th - Friday 14th November, with the theme: Power for Good.

The week will kick off with Odd Socks Day on Monday 10th, with adults and children being encouraged to wear odd socks to celebrate what makes us all unique.

Our newly appointed Anti-Bullying Committee will be delivering an assembly and there will be many activities across the week.

For parent/carer information, please follow the link below.

<https://anti-bullyingalliance.org.uk/anti-bullying-week-2025/parents-and-carers>

Meet Our Anti-Bullying Committee

Class 2: Noah and Robyn

Class 3: Emilia and Nala

Class 4: Ethan and Amber

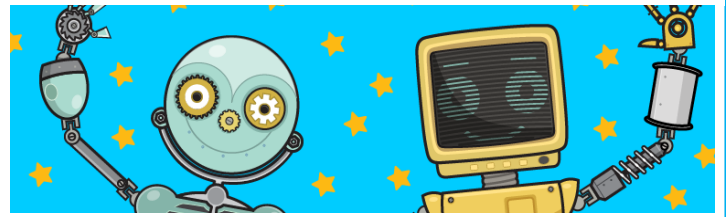
Class 5: Edie, Viv and Toby

British Values – Respect and Tolerance

Celebrating Differences

This half term, the focus of our PSHE lessons will be 'Celebrating Differences'. This unit covers things that make us the same, things that make us different, friendship, bullying and racism depending on what year group they are in. Some of the children will learn how to problem solve if they find themselves in conflict. KS2 have learnt about visible and invisible differences and looked at the work of the charity Changing Faces who support people with visible difference and challenge stereotypes.

Your Top Doodling Classes this week!



Here are the Top Doodling classes at Instow Community Primary School for the last seven days:

DoodleMaths: Trinity (57% of pupils in the green zone)

DoodleTables: Lundy Year 4 (18% of pupils in the green zone)

DoodleEnglish: Trinity (13% of pupils in the green zone)

DoodleSpell: Trinity (33% of pupils in the green zone)

Congratulations to all of the pupils in the green zone – they should be really proud of themselves!

Super Doodlers!

Reu A – 50 day streak in DoodleMaths & DoodleEnglish

Emilia McM – 50 day streak in DoodleMaths

Arlo McCormack – 50 day streak in DoodleMaths & DoodleEnglish

Well done.

CELEBRATION CERTIFICATES

A huge well done to all the children who have been recognised this week for their outstanding attitude towards learning or for their citizenship skills.

We are all very proud of you.

Windmills: Joey and Aiden

Eddystone (CI2): Braxton and Tommy

Hartland (CI3): Layla and Bella

Lundy (CI4): Arlo and Teddie

Trinity (CI5): Aoife and Flo T



New Term Dates 2026-2027 are now available on the school website.



CONGRATULATIONS!



**Congratulations to Jessica (Class 4), Sonny (Class 2)
and Tilly (Class 5) for winning this year's Pumpkin
Carving Competition!**

**Thank you to everyone for your fantastic pumpkin
entries, they were all amazing!**

Instow Primary and Pre School PTFA



INSTOW SCHOOL'S
CHRISTMAS
FAYRE & CAROLS

Friday 12th December 3pm

**RAFFLE. GAMES, STALLS AND
REFRESHMENTS**

Bring cash

If any parents/grandparents/friends would like a stall then please email
classsupport@instowcps.co.uk or see Miss Graves.



MONTHLY MONDAYS!

ST PETER'S CHURCH HALL

3.30 - 4.30 PM

8 SEPT

AUTUMN

13 OCT

10 NOV

8 DEC

FREE

games, activities, drink and snack for families

COME AND JOIN US!

CHILDREN TO BE ACCOMPANIED BY AN ADULT



www.ttec.org.uk



STARTING 3RD NOV

BUMPS AND BABIES

ST PETER'S CHURCH HALL FREMINGTON

MONDAYS DURING TERM TIME

11AM - 12 NOON

A GROUP FOR EXPECTANT AND NEW PARENTS OF 0-6 MONTH BABIES

£2 PER FAMILY

JUST TURN UP OR EMAIL [CYF@TTEC.ORG.UK](mailto:cyf@ttec.org.uk)



www.ttec.org.uk