

WE ARE A NUT, CHICKPEA AND SESAME FREE SCHOOL

Dear Parents and Carers,

2026 is the year of reading. If any of you would like to share your love of reading by coming in and reading part (or all) of your favourite children's book, please let your child's class teacher know.

Wishing you a peaceful weekend,

Mrs Mardling and the Instow School Team

Little Butterflies update

Please could you contact Little Butterflies if you would like to secure a place for January.

Contact details are:

01271 321277

littlebutterfliesdaynursery@gmail.com

New dates for your diary

Wed 21st Jan: Miss Woodward's (CI5 teacher) first day.

Mon 26th Jan: 3pm Open afternoon – come and look at your child's work

Thurs 5th Feb: 2.45pm CI4 assembly

Thurs 12th Feb: U11's Boys Cup

Fri 13th Feb: Last day of term

Thurs 5th Mar: World Book Day

Thurs 19th to Fri 20th Mar – Y4 residential Rock n Rapids

Fri 27th Mar: Y3 sleepover

Tues 31st Mar: 5pm to 7pm Parents evening

Wed 1st Apr: 4pm to 6pm Parents Evening

Thurs 2nd Apr: 2.30pm Easter Service

Last day of term

Please look on the website calendar to keep up with the dates for the whole academic year.

Important Reminders:

Bristol Residential Oct 2026: Please remember to pay the deposit. This is really important as we need to book theatre tickets.

Years 4/5/6 Toast: You can purchase this term's toast via the Parentmail app.



LUNCH MENU

Week 2 menu

Week	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Lasagne	Sausage rolls	Roasted sausages (DF)	Tomato pasta (DF)	Chicken nuggets (DF)
Vegetarian	Veggie lasagne	Veggie sausage rolls (DF)	Veggie plait		Veggie burger
Sides	Crusty bread	Potato crunchies, baked beans	Potatoes, gravy carrots, peas	Garlic bread	Chips or pasta and peas
Jacket Potato	Beans (DF)	Cheese	Beans (DF)	Beans and cheese	Tuna mayo
Pudding	Carrot cake (DF), fruit or yoghurt	Ice cream(DF), fruit or yoghurt	Fruit salad or yoghurt	Banana toffee pancakes (DF), fruit or yoghurt	Custard biscuit, fruit or yoghurt

DF - Dairy Free

Dairy free yoghurts available every day

FERDINAND FOOTBALL CLUB
FC DEVON

AFTER SCHOOL FOOTBALL

Join our fun filled after school football club
PE or sports wear, water bottle & shin pads recommended
Girls & Boys

<https://devon.ferdinandcollective.com/football/fc-schools>

Monday | Reception - 3 | 3.30 - 4.30pm
Thursday | Years 3 - 6 | 3.30 - 4.30pm
12/01/26 - 30/03/26 | 11 weeks | £77
15/01/26 - 02/04/26 | 11 weeks | £77

INSTOW PRIMARY SCHOOL

Taw & Torridge
Estuary Churches
Fremington, Instow & Westleigh

BUMPS AND BABIES

ST PETER'S CHURCH HALL
FREMINGTON

MONDAYS DURING TERM TIME
11AM - 12 NOON

A GROUP FOR EXPECTANT
AND NEW PARENTS OF
0-6MONTH BABIES

£2 PER FAMILY

JUST TURN UP
OR
EMAIL [CYF@TTEC.ORG.UK](mailto:cyf@ttec.org.uk)

www.ttec.org.uk

Sunrise Club

This is a quick reminder to please book all Sunrise Club sessions in advance using the ParentMail app.

Using the booking system helps us ensure correct staffing levels and keeps Sunrise Club running safely and smoothly for all children.

Thank you for your cooperation and continued support.

sunriseclub@instowcps.co.uk

Super Doodler

Ruairi 100 day streak in DoodleMaths

Well done!

CELEBRATION CERTIFICATES

A huge well done to all the children who have been recognised this week for their outstanding attitude towards learning or for their citizenship skills. We are all very proud of you.

Windmills: Frank and Oliver R

Eddystone (CI2): Braxton and Georgia

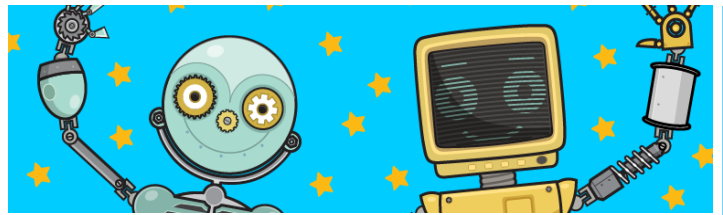
Hartland (CI3): Luka and Polly

Lundy (CI4): Amber and Phoebe

Trinity (CI5): Flo H and Noah



Your Top Doodling Classes this week!



Here are the Top Doodling classes at Instow Community Primary School for the last seven days:

DoodleMaths: Trinity Class Y6 English (50% of pupils in the green zone)

DoodleTables: Hartland Class (19% of pupils in the green zone)

DoodleEnglish: Hartland Class - Year 3 (9% of pupils in the green zone)

DoodleSpell: Trinity (17% of pupils in the green zone)

Congratulations to all of the pupils in the green zone – they should be really proud of themselves!

Attendance

Well done to this week's winners

Class 3 with a score of 97.8%.

Class 1: 96.4%

Class 5: 94%

Class 4: 92.4%

Class 2: 88.4%

Taw & Torridge
Estuary Churches
Fremington, Instow & Westleigh

BABIES AND TODDLERS

ST PETER'S CHURCH HALL
FREMINGTON

MONDAYS DURING TERM TIME
9.15 - 10.30AM

SONGS, A BIBLE STORY,
CRAFTS, REFRESHMENTS AND
PLENTY OF PLAYING!

£2 PER FAMILY

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