

WE ARE A NUT, CHICKPEA AND SESAME FREE SCHOOL

Dear Parents and Carers,

Welcome back - we hope you are all feeling well and rested.

Some of you may have noticed the improvements that have been made to bottom pitch. A huge thank you to Chris Beer and his team who have cleared the patch of ground at the back of the bottom pitch. It was a huge job but now easily and safely accessible and will provide an extra space for learning. The children no longer have to worry about losing balls and other pieces of break time equipment.

Mrs Mardling and the Instow School Team



New dates for your diary

Fri 1st May: Year 5 Judo Taster Festival @ Kinglsey School

Thurs 7th May: Class 2 assembly at 2:45pm

Wk beg 11th May: SATS week

Wed 20th May: Class 5 trip to Northam Burrows

Thurs 21st May: Devon U9 Girls Football Final @ Newton Abbot (Yr 4 Girls Football team)

Mon 1st June: Non Pupil Day

Tues 2nd June: Children back to school

Fri 26th June: Summer Fayre (new date)

Please look on the website calendar to keep up with the dates for the whole academic year.



LUNCH MENU

Week 1 menu

Week	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Chilli (DF)	Burger (DF)	Roasted sausages (DF)	Tomato pasta (DF)	Chicken nuggets(DF)
Vegetarian	Veggie chilli	Veggie burger(DF)	Lentil loaf		Veggie nuggets (DF)
Sides	Rice, nacho chips	Potato wedges	Potatoes, gravy carrots, brocolli	Garlic bread	Chips or pasta and peas
Jacket Potato	Beans (DF)	Cheese	Beans (DF)	Beans and cheese	Tuna mayo
Pudding	Banana cake(DF), yoghurt, fruit	Ice cream (DF), fruit or yoghurt	Fruit salad or yoghurt	Chocolate cake(DF), chocolate custard, fruit or yoghurt	Toffee crisp (DF), fruit or yoghurt

DF - Dairy Free

Dairy free yoghurts available every day.

Your Top Doodling Classes this week!



Here are the Top Doodling classes at Instow Community Primary School for the last seven days:

DoodleMaths: Hartland Class - Year 3 (30% of pupils in the green zone)

DoodleTables: Lundy Year 5 (9% of pupils in the green zone)

DoodleEnglish: Hartland Class - Year 3 (17% of pupils in the green zone)

DoodleSpell: Trinity - Y6 English (13% of pupils in the green zone)

Congratulations to all of the pupils in the green zone – they should be really proud of themselves!

★ Super Doodlers ★

Flynn H-P: 750 day streak in DoodleMaths

Evie A: 250 day streak in DoodleMaths and DoodleEnglish

Attendance

Well done to this week's winners

Class 1 with a score of 100%.

Class 5: 96.60%

Class 4: 95%

Class 2: 94.50%

Class 3: 93.60%



Appledore Instow Ferry Blessing

Sunday 26th April at 1pm

The blessing of the ferries takes place this year on 26 April, unless there are adverse weather conditions. The blessing programme will run from 13:00 to 13:55, although times may vary slightly.



CELEBRATION CERTIFICATES

A huge well done to all the children who have been recognised this week for their outstanding attitude towards learning or for their citizenship skills. We are all very proud of you.

Windmills:

Aiden and Matteo

Eddystone (C12):

Emily and Summer

Hartland (C13):

Ruairi and Edie

Lundy (C14):

Lily and Charlie

Trinity (C15):

Poppy and Jacob

Thank you to Rotary Club of Bideford Bridge

The PTFA extended an invitation to the Rotary Club of Bideford Bridge and we were delighted to welcome a representative to our school this morning. During the visit, Vice President Vincent Bowen generously gifted our school with 80 brand new books, which were received by the PTFA. The books will be a wonderful addition to our collection and the children are already excited and looking forward to exploring their new stories.

A huge thank you to the PTFA, Vice President Vincent Bowen and the Rotary Club of Bideford Bridge for their support.



What to do if you have a safeguarding concern?

You can talk to our Designated Safeguarding Lead, Mrs Mardling or one of our deputy Safeguarding Leads; Sharon Goodwin or Katy Graves.

If it is outside the school day and you are worried about a child's safety, report it immediately. For immediate danger, call the police on **999**. Otherwise, contact the Devon Multi-Agency Safeguarding Hub (MASH) on **0345 155 1071** or use the [online request for support form](#) to report your concerns to social care.



FC
DEVON



NEW

**ON A WEDNESDAY
FOR YEARS 3 - 6**

AFTER SCHOOL FOOTBALL

Join our fun filled after school football club

PE or sports wear, water bottle &
shin pads recommended

Girls & Boys



<https://devon.ferdinandcollective.com/football/fc-schools>

Monday | Reception - 3 | 3.30 - 4.30pm

Wednesday | Years 3 - 6 | 3.30 - 4.30pm

20/04/26 - 06/07/26 | 9 weeks | £63

29/04/26 - 08/07/26 | 10 weeks | £70



INSTOW PRIMARY SCHOOL

