

WE ARE A NUT, CHICKPEA AND SESAME FREE SCHOOL

Dear Parents and Carers,

Welcome back after the half term break. This is a very busy half term so if you have any questions, please do get in touch with us. You can speak to us by phoning the school office 01271 860545. Alternatively, you can email using the class support emails.

class1support@instowcps.co.uk

class2support@instowcps.co.uk

class3support@instowcps.co.uk

class4support@instowcps.co.uk

class5support@instowcps.co.uk

Mrs Mardling and the Instow School Team

New dates for your diary

Wk beg: 8th June: Phonics screening week

Wed 10th June: Year 2 TAG Rugby tournament

Wed 10th June: CI 4&5 performance @ 2:00pm

Thurs 11th June: CI 4&5 performance @ 6:30pm

Fri 12th June: Mixed Cricket Competition Yr 6

Fri 19th June: KS2 ND Athletics tournament

Tues 23rd June: Yr 6 Sailing

Fri 26th June: Yr 4 Cricket at Kingsley School

Fri 26th June: Summer Fayre (new date)

Mon 13th July: Yr 6 Cookout

New Date Tues 14th July: Yr 6 Pizza and beach evening

Fri 17th July: Yr 6 Leavers assembly @ 2:30pm

Please look on the website calendar to keep up with the dates for the whole academic year.

What to do if you have a safeguarding concern?

You can talk to our Designated Safeguarding Lead, Mrs Mardling or one of our deputy Safeguarding Leads; Sharon Goodwin or Katy Graves.

If it is outside the school day and you are worried about a child's safety, report it immediately. For immediate danger, call the police on **999**. Otherwise, contact the Devon Multi-Agency Safeguarding Hub (MASH) on **0345 155 1071** or use the [online request for support form](#) to report your concerns to social care.

Attendance

Well done to this week's winners

Class 4 with a score of 99.10%.

Classes 1: 98.80%

Class 2: 94.60%

Class 3: 92.90%

Class 5: 88.80%

LUNCH MENU

Week 1 menu

Week	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Spaghetti bolognaise (DF)	Burger (DF)	Roasted sausages (DF)	Tomato pasta (DF) (V)	Chicken nuggets(DF)
Vegetarian	Veggie bolognaise (DF)	Veggie burger(DF)	Veggie plait		Veggie nuggets (DF)
Sides	Garlic bread (DF)	Potato cubes, vegetables (DF)	Roast potatoes, carrots, broccoli (DF)	Vegetables, Garlic bread (DF)	Chips or pasta and vegetables (DF)
Jacket Potato	Beans (DF)	Cheese	Beans (DF)	Beans and cheese	Tuna mayo (DF)
Pudding	Banana cake(DF), yoghurt, fruit	Ice cream (DF), fruit or yoghurt	Fruit salad (DF) or yoghurt	Jelly (DF), fruit or yoghurt	Oaty cookie (DF), fruit or yoghurt

DF - Dairy Free

Dairy free yoghurts available every day.

Your Top Doodling Classes this week!



Here are the Top Doodling classes at Instow Community Primary School for the last seven days:

DoodleMaths: Lundy Year 4 (17% of pupils in the green zone)

DoodleTables: Lundy Year 4 (11% of pupils in the green zone)

DoodleEnglish: Year 2 (13% of pupils in the green zone)

DoodleSpell: Year 2 (13% of pupils in the green zone)

Congratulations to all of the pupils in the green zone – they should be really proud of themselves!

CELEBRATION CERTIFICATES

A huge well done to all the children who have been recognised this week for their outstanding attitude towards learning or for their citizenship skills.

We are all very proud of you.

Windmills:

Rosa and Callie

Eddystone (C12):

Alfie and Braxton

Hartland (C13):

Sophie and Sophia

Lundy (C14):

Freddie and Amber

Trinity (C15):

Noah and Viv





Summer Holiday Activities and Food (HAF) programme

We're excited to let you know that Summer HAF bookings will shortly be live on

Equu · After school. In place of school. Beyond school.

and will be taking place during the holiday period between 20th July and 6th September.

This Summer, in more than 170 locations across Devon, exciting Holiday Clubs will be offering fun, safe and engaging activities for children and young people. Following our most successful Easter programme yet, we're delighted to be bringing even more exciting opportunities this Summer, with both our established providers and new organisations who have joined the programme this year.

There are some fantastic new additions this holiday, including:

- Family and friends' days, designed to support children who may feel a little nervous about attending a holiday club for the first time
- Reclaim the Parks outreach days, with teams of Youth Workers out across Devon delivering food and fun activities in local parks – particularly aimed at secondary-aged children, with spaces available to book in advance or on the day (via a simple registration process)
- A continued and strengthened focus on inclusivity and SEND provision, with support available across both universal and specialist settings

SAVE
THE
DATE!

INSTOW
SCHOOL

★ PTFA ★

SUMMER

FAYRE

FRIDAY, 26TH JUNE 2026

DOORS OPEN AT 3PM



GAMES



FOOD



MUSIC



STALLS



TATTOOS



AND FUN!



SUPPORTING OUR SCHOOL • BUILDING OUR COMMUNITY

**BARNSTAPLE
RFC**

BARNSTAPLE RUGBY CLUB

GIRLS RUGBY

SUMMER SESSIONS

Touch Rugby - every Friday in August

6:00 – 7:00pm



**Year 5 to Year 11 – no experience
necessary**

Contact:

girlslead.barnstaplerugby@gmail.com