

Dear Parents and Carers,

Well done to Windmills for a brilliant class assembly. They performed the Hungry Caterpillar and sang beautifully.

Thank you to all the adults who helped out on the Class 2 beach walk, we really appreciate your support.

Mrs Mardling and the Instow Team.

Atlantic Racquet Centre: FREE Family Open Day!

Looking for some active, family friendly fun? Join the team at Atlantic Racquet Centre (ARC) on **Saturday, 18th July**, from 1pm – 4pm for a free community Open Day. From kids' tennis and badminton tasters to free play for all ages in a variety of sports, it's a great way to try a new sport and meet the local community. No booking required, just turn up, play, and have fun!

More details at www.atlanticracquetcentre.co.uk. Or visit our Facebook page for more details:

[ARC Facebook Link](#)

Thank you!

A huge thank you to Poppy who set up a stall at the summer fayre selling her bracelets and other things she made to raise money for school funds. She raised a total of £45.



New dates for your diary

Tues 7th July: Whole school transition morning

Thurs 9th July: Whole school transition afternoon

Thurs 9th July: Guitar assembly at 9am

Fri 10th July: Digital school reports sent out

Mon 13th July: Yr 6 Cookout

Tues 14th July: Piano assembly at 2.45pm

Tues 14th July: Yr 6 Pizza and beach evening

Fri 17th July: Yr 6 Leavers assembly at 2:30pm

Please look on the website calendar to keep up with the dates for the whole academic year.

What to do if you have a safeguarding concern?

You can talk to our Designated Safeguarding Lead, Mrs Mardling or one of our deputy Safeguarding Leads; Sharon Goodwin or Katy Graves.

If it is outside the school day and you are worried about a child's safety, report it immediately. For immediate danger, call the police on **999**. Otherwise, contact the Devon Multi-Agency Safeguarding Hub (MASH) on **0345 155 1071** or use the [online request for support form](#) to report your concerns to social care.

WE ARE A NUT, CHICKPEA AND SESAME FREE SCHOOL

LUNCH MENU

Week 2 menu

Week	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Lasagne	Sausage rolls	Roasted sausages (DF)	Tomato pasta (DF)	Chicken nuggets (DF)
Vegetarian	Veggie lasagne	Veggie sausage rolls (DF)	Veggie plait		Veggie burger
Sides	Crusty bread	Potato crunchies, baked beans	Potatoes, gravy carrots, peas	Garlic bread	Chips or pasta and peas
Jacket Potato	Beans (DF)	Cheese	Beans (DF)	Beans and cheese	Tuna mayo
Pudding	Carrot cake (DF), fruit or yoghurt	Ice cream(DF), fruit or yoghurt	Fruit salad or yoghurt	Banana toffee pancakes (DF), fruit or yoghurt	Custard biscuit, fruit or yoghurt

DF - Dairy Free

Dairy free yoghurts available every day.

Your Top Doodling Classes this week!



Here are the Top Doodling classes at Instow Community Primary School for the last seven days:

DoodleMaths: Trinity - Y6 English (22% of pupils in the green zone)

DoodleTables: Trinity (10% of pupils in the green zone)

DoodleEnglish: Year 2 (25% of pupils in the green zone)

DoodleSpell: Year 2 (19% of pupils in the green zone)

Congratulations to all of the pupils in the green zone – they should be really proud of themselves!

Super Doodler

Lilly O: 250 day streak in DoodleMaths

Well done!

Join the Doodle Summer Challenge!

1st July – 31st August



Earn exclusive pin badges and certificates by Doodling 'little and often'!

Scan the QR code or visit doodlelearning.com/challenge to find out more



Staffing and classes for 2026–2027

Class 1 (Windmills) – Reception children
Mrs Martin, Miss Graves and Miss Lamprey

Class 2 (Eddystone) – All current reception children and current Y1 with a birthday falling in May to August – **Miss Harvest, Mrs McDonald**

Class 3 (Hartland) – All current Y2 children and current Y1 children with a birthday falling in September to April – **Mrs Tuohey, Miss Graves, Mrs Baines, Mrs Beer**

Class 4 (Lundy) – All current Y3 children and Y4 children with a birthday falling between March to August – **Mr Bedford, Mrs Sullivan**

Class 5 (Trinity) – All current Y5 children and any Y4 children with a birthday falling between September and February – **Mrs Brewer, Miss Woodward, Mrs Wattley**

Transition days are:

Tuesday 7th July am

Thursday 9th July pm

The children will spend those sessions in their new classes.

Attendance

Well done to this week's winners

Class 3 with a score of 99%.

Classes 5: 98.60%

Class 4: 98%

Class 2: 96.70%

Class 1: 92.70%

CELEBRATION CERTIFICATES

A huge well done to all the children who have been recognised this week for their outstanding attitude towards learning or for their citizenship skills. We are all very proud of you.

Windmills:

Whole class for their awesome class assembly

Eddystone (C12):

Noah and Amelia

Hartland (C13):

Albie and Sophia

Lundy (C14):

Ezra and Lily C

Trinity(C15):

Flo H and William



BARNEY TO BEACH 2026



SUNDAY
SEPTEMBER 13
/ 11:00



CHILDREN'S RACE

SCAN TO REGISTER



- One mile race across the dunes at Crow Point
- Suitable for under 16s (under 5s to be accompanied by an adult)
- Families can tackle the full 8-mile route
- Help raise money for Families in Grief supporting local families in need
- Event village with games, music and more

GET INVOLVED

We're always looking for volunteers to help marshal on the day. Please contact info@familiesingrief.org

**[www.sientries.com/
barneytobeach](http://www.sientries.com/barneytobeach)**

100 YEARS OF BELONGING

NOW IT'S YOUR TURN!

TASTER SESSION YR2 - 8
SUN 6th SEPT 11AM-1PM

All abilities, sizes & fitness levels welcome! Post training food provided.

Whether you're looking to try rugby for the first time, develop your game or simply join a great club and make friends, there's a place for you at Bideford RFC. We're a special community club with a great social scene...

- Qualified, DBS checked coaches.
- Welcoming, safe & fun environment.
- Learn teamwork, respect & discipline.

GET INVOLVED AND
BE PART OF OUR NEXT
100 YEARS

BIDEFORDRUGBY.CO.UK/PLAY

